

# Take Out Breakfast Menu



## THE GOOD STUFF

### Signature Smoothies



**Madagascar**  
strawberry, banana, mango, organic goji berry, organic coconut flour  
**7.49**



**Easy Greens**  
apple, spinach, kale, avocado, chia, lemon juice, organic greens mix  
**7.49**

### Signature Milkshake

**California Style Yogurt + Fruit 5.5**  
Choose from strawberry, banana, or blueberry  
*+ 0.60 for each extra fruit*

210ml = 46.38g sugar/ 6.25g fat/  
279.3mg sodium/ 258mg calcium

### extras

**Add Protein\* 2**  
Vega Sport Protein (Vanilla)  
*\*ask your server for full list of ingredients*

## Breakfast in the Bistro

<b>FRESH FRUIT CUP</b>	<b>4</b>
<b>BREAKFAST PARFAIT</b> vanilla yogurt layered with berries, house-made granola	<b>4.25</b>
<b>HOT OATMEAL</b> <i>add fresh cut fruit or dried fruits 6</i>	<b>4</b>
<b>BACON AND EGG-WICH</b> bacon, fried egg, cheddar cheese, english muffin	<b>5.5</b>
<b>BREAKFAST SAUSAGE EGG-WICH</b> house-made pork & apple sausage, fried egg, cheddar cheese, english muffin	<b>6.5</b>
<b>CHEESE &amp; EGG-WICH</b> cheddar cheese, fried egg on an english muffin	<b>4.5</b>
<b>BREAKFAST SLIDER BURGER</b> one-3 oz beef burger patty, lettuce, tomato, special sauce, fried egg, cheese on a bun	<b>7.5</b>
<b>BREAKFAST ROLLER</b> 2 scrambled eggs, cheese, bacon in a flour tortilla, panini grilled <i>just cheese 6.5</i>	<b>7.5</b>
<b>VEGGIE TOFU SCRAMBLE HASH (Vegan)</b> sautéed veggies, mushroom, spiced tofu crumble, potatoes, sliced tomatoes <i>add a fried egg 1.75</i>	<b>7.5</b>

### extras

<b>TOAST</b> Gluten free bread option available	<b>3</b>
<b>BAGEL &amp; CREAM CHEESE</b> multigrain or plain	<b>3.25</b>
<b>MUFFINS</b> lemon glazed blueberry or bran	<b>2.5</b>
<b>BANANA BREAD</b>	<b>2.5</b>

### sides

bacon	<b>3</b>
pork & apple sausage patty	<b>3</b>
½ avocado	<b>2</b>
hashbrowns	<b>3</b>

